

BACK TO FAITH FORMATION - FRESH START!

A simple Catholic beginning-of-the-year activity for children

My name: _____

Grade: _____

ONE THING I LOVE ABOUT MY CATHOLIC FAITH

Write or draw something you love about your faith.

THIS YEAR I WANT TO LEARN MORE ABOUT...

It could be Jesus, the Bible, prayer, the Mass, a saint, a sacrament, or something else.

MY FAITH GOAL FOR THIS YEAR

Choose one simple way you want to grow closer to God.

PEOPLE WHO CAN HELP ME GROW IN FAITH

Think about family, teachers, catechists, clergy, godparents, or other trusted adults.

MY FAITH-FILLED SCHOOL YEAR

Small habits can help faith become part of everyday life

Ways I Can Grow

☐	Pray before school or before bed
☐	Go to Mass with my family
☐	Listen and participate in Religious Education / Faith Formation
☐	Read or listen to a Bible story
☐	Practice a prayer I am learning
☐	Show kindness to someone
☐	Ask questions when I want to understand my faith

ONE WAY I CAN LIVE MY FAITH AT SCHOOL

How can you show love, kindness, honesty, patience, or courage?

A SAINT I WOULD LIKE TO LEARN ABOUT

Name a saint - or leave this blank until you discover one!

A PRAYER FOR A NEW SCHOOL & FAITH FORMATION YEAR

Cut out or keep this page in a binder, on a desk, or near a child's bed

JESUS, WALK WITH ME THIS YEAR

Jesus,

Thank You for a new year to learn and grow.
Help me listen, ask questions, and do my best.
Give me courage when something feels hard,
kindness toward my classmates and teachers,
and a heart that keeps growing closer to You.

Bless my family, my teachers, my catechists,
and everyone who helps me learn about my faith.

Help me remember that You are with me
at school, at church, at home, and wherever I go.

Amen.

SCRIPTURE TO CARRY WITH ME

"The Lord, your God, is in your midst." - Zephaniah 3:17

My reminder this year: God is with me.